

Cheadle 4 Mile Road Race Winners

1977	Trevor Wright	Wol/Bilston	20.16
1978	Mike Tagg	SMAC	20.15
1979	Glyn Harvey	SMAC	19.55
1980	Graham Ellis	Holmfirth H	20.12
1981	Nick Lees	Derby AC	19.48
1982	Nick Lees	Derby AC	18.25
1983	Nick Lees	Derby AC	18.37
1984	Adri Hartveld	Leamington	18.53
1985	Martin Bishop	SMAC	19.03
1986	Kevin Lamb	Derby AC	19.04
1987	Adri Hartveld	Stoke AC	18.54
1988	Mark Roberts	Stoke AC	18.53
1989	Adri Hartveld	Stoke AC	18.58
1990	Pete Martin	Tipton	20.08
1991	Paul Fowler	Tipton	19.26
1992	Dave Hollins	PMAC	20.33
1993	Darren Daniels	Birchfield	19.51
1994	Rob Deakin	Stoke AC	19.45
1995	Mark Dalkins	Stoke AC	20.18
1996	Mark Dalkins	Stoke AC	19.34
1997	Barry Charlton	Stoke AC	21.05
1998	Mark Dalkins & Rob Deakin		20.10
1999	Rob Deakin	SMAC	19.58
2000	Mark Dalkins	Stoke AC	19.54
2001	Rob Deakin	SMAC	19.59
2002	Mark Dalkins	Birchfield	20.16
2003	Mark Dalkins	Birchfield	21.07
2004	Rob Deakin	SMAC	19.55
2005	Alex Hall	Stoke AC	21.14
2006	Rob Deakin	Birchfield	20.32
2007	Alex Derricott	SMAC	21.07
2008	Chris Davies	Telford AC	20.00
2009	Alex Derricott	SMAC	20.28
2010	Luke Boulton	SMAC	21.59
2011	Mark Dalkins	Unattached	21.05
2012	Ryan Holroyd	SMAC	21.22
2013	Chris Davies	Telford AC	20.17
2014	Ben Gamble	Tipton H	20.55
2015	Alex Hall	Vale Royal	21.53
2016	Matt Clowes	Cardiff AC	19.59

Ladies banned from running with men !

Angela Turland	Daventry	25.20
Angela Turland	Bromsgrove	25.23
Angela Turland	Bromsgrove	24.35
Julie Asgill	Stretford AC	21.47
Anne Tunnicliffe	Stoke AC	
Caroline Horne	Crawley AC	
Christine Kilkenny	Cannock & S	22.33
Dot Fellows	Cannock & S	22.55
Christine Kilkenny	Cannock & S	23.05
Christine Kilkenny	Cannock & S	22.29
Christine Kilkenny	Cannock & S	22.31
Christine Kilkenny	Cannock & S	23.45
Dot Fellows	Cannock & S	24.56
Tracey Bailey	PMAC	23.24
Tracey Bailey	PMAC	23.32
Christine Kilkenny	Cannock & S	23.42
Sharleen Gibson	Cheadle RC	25.20
Kate Burge	Stafford Harr	23.22
Michelle Ross	Stoke AC	23.01
Sarah Bentley	Birchfield H	22.19
Kate Bailey	SMAC	23.20
Kate Burge	Stafford Harr	22.46
Kate Burge	Stafford Harr	23.35
Suzanne Owen	Stoke AC	22.52
Rebecca Harrison	Cheadle RC	24.08
Rebecca Harrison	Cheadle RC	23.29
Rebecca Harrison	Cheadle RC	24.30
Michelle Ross Cope	Stoke AC	22.21
Sharleen Hollinshead	Cheadle RC	24.05
Sharleen Hollinshead	Cheadle RC	24.10
Jennifer Pereira	Medway & M	24.07
Michelle Buckle	Newcastle AC	25.08
Mandy Vernon	Trentham RC	24.35
Mandy Vernon	Trentham RC	24.32
Michelle Buckle	Newcastle AC	25.54
Rebecca Harrison	Cheadle RC	24.39
Wendy Mullineux	Trentham RC	25.38
Sharleen Hollinshead	Cheadle RC	24.59

Current course records in bold print